

## **Elements to be demonstrated for a good cast**

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1. Effective cast moulding (e.g., three-point mould)
2. Appropriate cast length.
3. Effective padding between the skin and casting material, especially where bony prominences are located.
4. Proper functionality of mobilised joints (both proximally and distally) just adjacent to the joint immobilized by a cast.
5. Cosmetic appearance of the cast applied no rough edges.
6. Effective documentation.
7. Observe that the neurovascular status of limb to is within normal limits.
8. Check the fit and functionality of cast.
9. Provide client and carer with written and verbal advice for care of cast and limb.
10. Fit client with sling, heel/overshoes and ambulation aids, as required.
11. Instruct client on correct use of ambulation aids and ensure client is safe.
12. Arrange appropriate support for client.
13. Clean equipment in accordance with manufacturer's specifications and stored safely
14. Clean work surfaces in accordance with infection control guidelines